





Th. Ch	41 D1 4 C4 4	A1 N / -:	$04210 \sim 207-783-0961$
The Chanman House a	~ AT Pleasant Street	Allnurn Maine	$104/10 \sim 70/-783-0961$

	i	41 1 leasant Street, Aubul					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
ACTIVITIES	1	2	3	4	5	6	
ARE SUBJECT	9:00 EXERCISE	9:00 EXERCISE	9:00 EXERCISE	9:00 EXERCISE	9:00 EXERCISE		
TO CHANGE	9:30 COFFEE SOCIAL	10:00 COFFEE SOCIAL	10:00 COFFEE SOCIAL	9:30 SHOPPING AT	10:00 COFFEE SOCIAL	10:00 COFFEE SOCIAL	
AT ANYTIME	RESIDENT COUNCIL	MAKE DAFFODILS	TRIP TO	DOLLAR TREE	10:30 BINGO	DINING ROOM	
	1:30	1:30 LIGHTHOUSE	LIBRARY	10:00 COFFEE SOCIAL	1:00	1:30	
	BINGO	JUBILEES	1:30 BINGC	DINING ROOM	MUSIC WITH	MOVIE	
2.	3:00	3:00	3:00	1:30 BINGO	GRADY'S BUNCH	FRONT PARLOR	
" CO	JOKES+STORIES	BINGO	NAILS	3:00 UNO	SEEK AND FIND		
7	8	9	10	11	12	13	
	9:00 EXERCISE	9:00 EXERCISE	9:00 EXERCISE	9:00 EXERCISE	9:00 EXERCISE	11:00-2:00	
10:00 COFFEE SOCIAL	10:00 BILLY JOE	10:00 COFFEE +	10:00 COFFEE SOCIAL	10:00 COFFEE SOCIAL	10:00 COFFEE SOCIAL	PAINT AND	
DINING ROOM	LAKE	STAMPING	HANGMAN	10:30 BINGO	10:30 BINGO	BRUNCH!	
1:30	1:30	3 1:30	1:30	GETTING	1:00	ACTIVITY ROOM	
MOVIE	BINGO	BINGO	BINGO	READY FOR	MUSIC WITH	AND FRONT	
FRONT PARLOR	3:00	3:00	3:00	PAINT AND	GRADY'S BUNCH	PARLOR	
	YAHTZEE	TRIVIA 🛶	HOPSCOTCH	BRUNCH	WORD SEARCH		
14	15	16	17	18	19	20	
	9:00 EXERCISE	9:00 EXERCISE	9:00 EXERCISE	9:00 EXERCISE	9:00 EXERCISE		
10:00 COFFEE SOCIAL	10:00 COFFEE SOCIAL	9:30 VAN RIDE AND	10:00 COMMUNION	10:00 COFFEE SOCIAL	10:00 COFFEE SOCIAL	10:00 COFFEE SOCIAL	
DINING ROOM	DINING ROOM	COFFEE	10:00 COFFEE SOCIAL	DINING ROOM	10:30 BINGO	DINING ROOM	
1:30	1:30	10:00 COFFEE SOCIAL	PAINTING	11:00 LUNCH AT	1:00	1:30	
MOVIE	MOVIE	DINING ROOM	1:30 BINGO	GRID IRON	MUSIC WITH	MOVIE	
FRONT PARLOR	FRONT PARLOR	1:30 BINGO	3:00	2:30	GRADY'S BUNCH	FRONT PARLOR	
		3:00 MEMORY	SCATTERGORIES	BINGC	CROSSWORD		
21	22	23	24	25	26	27	
	9:00 EXERCISE	9:00 EXERCIS	9:00 EXERCISE	9:00 EXERCISE	9:00 EXERCISE		
10:00 COFFEE SOCIAL	10:00 COFFEE SOCIAL	9:30 VAN RIDE AND	10:00 COFFEE SOCIAL	9:30 SHOPPING AT	10:00 COFFEE SOCIAL	10:00 COFFEE SOCIAL	
DINING ROOM	CONCENTRATION	COFFEE	TRIP TO	DOLLAR TREE	10:30 BINGO 🛌	DINING ROOM	
1:30	CARD GAME	10:00 COFFEE SOCIAL	LIBRARY	10:00 COFFEE SOCIAL	1:00	1:30	
MOVIE	1:30 BINGO	DINING ROOM	1:30 BINGO	DINING ROOM	MUSIC WITH	MOVIE	
FRONT PARLOR	3:00	1:30 BINGO	3:00	1:30 BINGO	GRADY'S BUNCH	FRONT PARLOR	
	QUIZ	3:00 SING A LONG	NAILS	3:00 QUIZ	WORD SCRAMBLE	3.00	
28	29	30					
	9:00 EXERCISE	9:00 EXERCISE		7 2 2 2	Q 300 9/0	9 3449 9/0	
10:00 COFFEE SOCIAL	10:00 MONTHLY	9:30 VAN RIDE AND					
DINING ROOM	BIRTHDAY PARTY	COFFEE					
1:30	1:30	10:00 COFFEE SOCIAL					
MOVIE	BINGO	DINING ROOM					
FRONT PARLOR	3:00	1:30 BINGO					
	TONGUE TWISTER	3:00 BUILD A WORD	C Spick Spik				